



Food in a Flash

Compassionately Serving People Living Homeless

Food In A Flash

We have been asked once too often for a can of dog food. When it's a request for a can you know it's not to feed pets but is for a person to eat. That's just not right.

Food In A Flash Project: Aspirations

- Nutritious food - veg., fruit, plenty of vitamins and proteins, not carbohydrates and processed e-numbers
- Food events so people can connect and talk to break down the isolation of homelessness
- Setting tables and letting people eat properly and leisurely
- Having occasional distractions/entertainments - music, stand-up comedians, mcee'd events to showcase homeless talent and have domiciled contributions, sharing and learning
- Opportunities to meet agencies for information, ask questions, engagement with harder to reach
- Light touch Action Planning for some participants - employment, health issues, lifestyle choices, accommodation

The Interns

- The Interns are essential to the delivery of the project and the project is also for and about the Interns.
- 10 Interns will be recruited
- 6 will be trained for restaurant, serving and kitchen skills. 4 will be actively involved in food production and 2 are back-up/replacements for the kitchen team or to join the delivery team. The 2 back-up team members will be responsible for inventory and for washing/ironing clothing
- 4 will be recruited for the delivery/event team. Serving skills, basic use of kitchen tools and skills for constructing breakfasts.
- All will be trained with the ServSafe Food Handler award
- All will be engaged in Personal Action Planning and collating evidence of employability and their sort skills
- All will be actively working on finding accommodation/sustaining accommodation and on their use of time or if employment able, seeking employment

The Interns

- All will be trained in basic first aid - to manage an emergency in the kitchen or in the field
- There will be a rolling series of trainings to keep a group of 10 Interns. It is anticipated Interns will commit for 3 months
- We are actively seeking honoraria for the Interns
- The Interns need to have some benefits for their commitment - food, extra shower, credits for the clothing closet, actively seeking gifts in kind e.g. gas cards
- Interns may be enrolled as Street Mentors
- Benefits to Interns:
 - Increased confidence and esteem
 - Reconnection with past identity and identities of being competent
 - Developing skills
 - Adding purposeful activities into their days
 - Adding routine, structure and belonging to their days
 - Creating and having evidence for landlords, employers and other end-users

Partnerships

- The Food In A Flash Project will be partnering with The Living Room Day Services. The Living Room will be offering a number of key resources:
 - Showering facilities so Interns can shower before delivery/ cooking events
 - Laundry facilities so all the kitchen/ delivery clothes after each use and shoes can be washed
 - The Commercial Kitchen which community programs can use to prepare food to take for delivery
- Commercial food producers - extending their community impact by providing food
- Growers and farmers market businesses – making positive community impacts through donating food
- Organizations, faith groups, Church communities and businesses helping by sourcing and creating meals for delivery

Next Steps 1st Quarter

April

- Exploring delivery mechanisms - researching other projects
- Exploring hardware needs
- Sorting trailer needs
- Sourcing food suppliers
- Recruiting and training intern team - food handling cert.
- Talking about FIAF
- Locations for food delivery - most under-served homeless populations
- Not replicating other food events - conversations with agencies, Churches, individuals and projects
- Developing powerful partnerships
- Pilot events - April 11th and 30th currently running Breakfast With Pets events
- Commission Trailer and Purchasing

May

- Receive trailer
- Delivery starts - 2 breakfasts and 2 diners a week by end of month
- Road testing and modifying tracking participant systems
- Feed-back on food offered

June

- Powering up to 6 weekly food events
- On-going monitoring and adjustments

July/August

Adding in social element

Adding other agencies - information

Light touch action planning participants

September +

Full delivery continues with all additions

Seeking Sustainability

Mid-term report by 10/6/2017

Quarter 4

Continuing services

Creating templates for others to use for replicating
FIAF, menus and other resources

WCWG closes March 2018 & Final report 4/30/2018

Food in a Flash Needs

- Funding or gifts of clothing for interns - scrubs and T's (24 sets; trainers or Crocs x 4) kitchen gear x 6 (12 sets)
- More funding for trailer outfitting - or a volunteer - needs a water supply (\$1000) & custom food hatch (?)
- Funding for logo work (\$1,000)
- Guidance in food delivery
- Expertise in outfitting the trailer for the food delivery - e.g. food trolleys, trays, food heat/cool bags, moving fresh produce fruit, veg and not bruising
- Donations of food sources - fresh produce
- Two tables, 20 chairs and large canopy for outside dining event
- Sustainable food containers (boxed meals) and crockery/cutlery